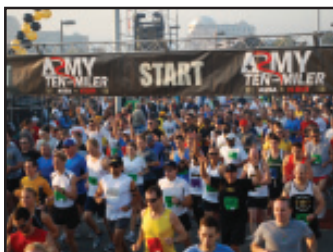


Inside The Eagle



Messervy assigned as special assistant to CG, SMDC/ARSTRAT, page 4



SMDC/ARSTRAT represented at Army Ten-Miler, page 8



Anderson scores two holes-in-one, page 15

The Eagle

U.S. Army Space and Missile Defense Command/U.S. Army Forces Strategic Command

Volume 15, Number 10, November 2008

SMDC/ARSTRAT Training Conference educates military, civilian employees

SMDC/ARSTRAT Public Affairs

REDSTONE ARSENAL, Ala. — The U.S. Army Space and Missile Defense Command/Army Forces Strategic Command Training Conference was held Oct. 27-31 at the Von Braun Complex here.

The conference covered a variety of topics of interest to both military and civilian members of the command. Speakers from both within and outside the command presented on issues such as electronic warfare, computer network operations, exercises and wargames, and the Army Space Cadre.

The third day of the conference, which focused on civilian employee development, covered topics such as the Civilian Education System, the Human Capital Lifecycle Strategy and the Army Knowledge Online Portal training opportunities.

This conference provided an opportunity for our Senior Leaders to receive current briefings from subject matter experts, which will help us remain on the cutting edge of emerging DA civilian and military training systems and requirements.



Photo by Dottie White

Members of SMDC/ARSTRAT prepare to receive a briefing from Maj. Gen. Robert P. Lennox (standing in uniform), the U.S. Army's Assistant to the Deputy Chief of Staff, G-3/5/7, during the SMDC/ARSTRAT Training Conference at the Von Braun Complex on Redstone Arsenal, Ala., Oct. 28. Lennox addressed issues such as Army Force Generation — the necessity to reset and retrain the forces.

Beat tobacco addiction: be Army Strong!

Brad Taft, Registered Nurse U.S. Army Center for Health Promotion and Preventive Medicine

As a Soldier, you are part of a team that is not just strong, but Army Strong. You have physical strength, mental strength and emotional strength. You are "strong enough to get yourself over" and "strong enough to get over yourself." This strength can help you win the fight against the fiercest addiction you may ever face — tobacco addiction.

Tobacco addiction comes on gradually. You try a few cigarettes and think it isn't too bad. You feel more alert, ready for anything. It is not that expensive either. Just a few bucks a day to feel good.

But soon, you smoke whenever you can, at whatever the cost; not just in money, but in time and in relationships. Now, you don't want to feel good by smoking; you just want to avoid the bad feeling that comes when you don't smoke. This is addiction, and it only

takes about 100 cigarettes to go from "trying it out" to addiction.

You probably feel the addiction in the time it takes you to go outside for a smoke, or in your personal relationships, or in your wallet. What's worse, you may feel it physically in your performance and readiness.

According to the surgeon general of the United States, smoking has negative effects on nearly every organ of the human body. Smoking is directly linked to the two leading causes of death: coronary heart disease and cancer. Cigarette smokers are two to four times more likely to develop coronary heart disease than nonsmokers. The risk of

dying from lung cancer is more than 23 times higher among men who smoke cigarettes and about 13 times higher among women who smoke, compared with those who have never smoked.

In addition, recent onset smoking has been linked to a serious and sometimes fatal illness called acute eosinophilic pneumonia, which has occurred among young servicemembers in Iraq.

Maybe smoking is something that should concern you. Tobacco use negatively affects your health. Why not fight tobacco addiction? For many Soldiers, fighting tobacco addiction is the hardest fight they will ever have.

Nov. 20 is the Great

QUIT TOBACCO.
make everyone proud

www.ucanquit2.org

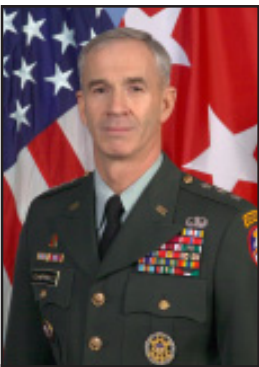
American Smokeout, a day when smokers are encouraged to go without smoking. If you can't stop smoking for just one day, then you probably are addicted to tobacco. If that's the case, let your healthcare provider know you need help to begin fighting the addiction.

For more information:

- American Cancer Society, <http://www.cancer.org/docroot/subsite/greatamericans/Smokeout.asp>

- Quit Tobacco, <http://www.ucanquit2.org/> (The U.S. Army Center for Health Promotion and Preventive Medicine is the Army's public health organization. It supports Soldiers around the world with health education information and deploys its expert medical and scientific staff to deliver occupational and environmental health surveillance everywhere Soldiers go. On U.S. military installations, CHPPM provides environmental health engineering and health hazard assessments as well as injury and disease prevention programs.)

The Command Corner



Lt. Gen. Kevin T. Campbell
Commanding General



CSM Ralph C. Borja
Command Sergeant Major

“If you lose your wealth, you have lost nothing. If you lose your health, you have lost something. But if you lose your character, you have lost everything.” — Woodrow Wilson

Character — one word that can define the sum total of a person’s life. How do we define character? I suggest you need look no further than our colleagues who are beginning to retire. It was an honor to be able to officiate at several retirement ceremonies during the last few months.

According to the Office of Personnel Management, by the end of fiscal year 2008, 27 percent of the federal workforce were eligible to retire. By the end of fiscal year 2016, fully two-thirds of the workforce will be eligible to retire.

Tom Brokaw coined the phrase, “the greatest generation” to describe the brave men and women who fought or participated in World War II. I suggest that their great legacy may be defined not only from their battlefield exploits in World War II, but also from the strength of character they imbued in their children. Many of the children of the greatest generation entered federal service in the 1960s and 1970s and helped make America the “greatest nation” as it rose to become the world’s only superpower.

Our retiring colleagues are part of the workforce that made our country the top in the world. They are the ones who helped fulfill the dream of the veterans who fought in World War II — to build a better world. The greatest generation laid the foundation for a better future in the factories, on the farms and in their children. The children of the greatest generation picked up the baton and developed the technologies that helped bring our country into the information age. Many of the baby boomers demonstrated their true character by serving their nation in the military or as federal workers or both for more than 30 years, some more than 40 years. Now, sadly we begin to see ever-increasing numbers of federal workers retiring.

One retiree I talked to said that she was encouraged to work for the government by her father. I suggest that we follow her father’s example and encourage the next generation to join government service. We have the opportunity to pass the baton to another generation in the hopes that they will take our country to even greater heights.

Passing the baton is not just a matter of convenience; it will become a critical national requirement. Some call the confluence of the decreasing number of new-hires, and the increasing number of retirements the “perfect storm” of human capital. If the numbers are correct about the workforce of 2016, we may find that our federal workforce will be at a critical impasse, possibly in an irretrievable downward spiral of catastrophic proportion. We can help stem the tide.

Having talked to and seen our young Soldiers in action, I believe their generation exhibits many of the attributes of those great Americans who lived through the 1940s. I find that our young people tend to value service over money, they are patriotic, they volunteer when possible and they set clear goals. It would appear that they represent a wealth of untapped opportunity.

I challenge you to talk to the new generation. Talk to a student in high school or college, tell them what you do and why you decided to serve our country as a servicemember or a federal worker. The purpose is not to recruit, but to provide information. With information comes awareness and then possibly a call to service. As President James Madison said, “the character of a nation is determined by the character of its people.” Who knows? Just a few moments of your time may inspire others to a lifetime of service.

SECURE THE HIGH GROUND!

This month, we finish discussing Army values and their importance to the Soldiers and civilians who serve in the United States Army. The letter “P,” marks the end of the acronym “**LDRSHIP**.” **P** reminds us of the importance of personal courage, both physical and moral, as a core Army Value.

Army Field Manual 6-22 defines Personal Courage: **Face fear, danger or adversity.**

Personal courage takes two forms: physical and moral. Both forms are important components of this Army Value. “Physical courage” means having courage in the face of physical pain, hardship or threat of death. “Moral courage” on the other hand, means having the courage to do the right thing in the face of popular opposition, shame, scandal or discouragement.

Physical courage is a concept we are all well acquainted with. We consider a person physically brave when the person is able to overcome the fear associated with pain, suffering and even death in order to do one’s duty. Such courage, Aristotle noted, is a virtue. Aristotle further went on to note the two vices of courage, “where its vice of deficiency is cowardice and its vice of excess is recklessness.”

Moral courage is the willingness to stand firm on the values, principles, and convictions that define who you are. It enables the Soldier or civilian to stand up for what he or she believes is right, regardless of the consequences. People who take full responsibility for their decisions and actions, even when things go wrong, display moral courage.

An extreme example of moral courage comes from the story of Warrant Officer Hugh C. Thompson Jr., a helicopter pilot during the Vietnam War. On March 16, 1968, he and his crew were supporting Task Force Barker in a reconnaissance capacity. During his mission, Warrant Officer Thompson spotted the My Lai Massacre as it was going on. His initial attempt at stopping the massacre was ignored, but through diplomacy and the threat of force, he and his gunners were able to stop the murdering of civilians.

When news of the massacre reached the United States, Warrant Officer Thompson testified before a closed session of the House Armed Services Committee. Chairman Mendel Rivers (D, SC) publicly stated that he felt Thompson was the only Soldier at My Lai who should be punished (for turning his weapons on fellow American troops) and unsuccessfully attempted to have him court-martialed.

The cost of Warrant Officer Thompson’s moral courage was exceedingly high, but he had the courage to follow his convictions. Thirty years after the massacre, Warrant Officer Thompson and his two crewmen were awarded the Soldier’s Medal, the Army’s highest award for bravery not involving combat. “It was the ability to do the right thing even at the risk of their personal safety that guided these Soldiers to do what they did,” then-Maj. Gen. Michael Ackerman said at the 1998 ceremony. The three “set the standard for all Soldiers to follow.”

Much less dramatic examples occur on a daily basis. They include the Soldiers and civilians who speak out against inappropriate actions or orders and people who take action to stop sexual harassment or other forms of abuse. Not because someone told them to, but because they saw a wrong and had the moral courage to take action.

Many of us will never be afforded the opportunity to demonstrate physical courage, but most of us will have many opportunities to display moral courage.

SECURE THE HIGH GROUND!

The Eagle ... is an authorized unofficial newspaper published for military and civilian members of the U.S. Army Space and Missile Defense Command/ U.S. Army Forces Strategic Command published under the authority of AR 360-1. The editorial style applies the industry standard Associated Press Stylebook. Contents of *The Eagle* are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army, or SMDC/ARSTRAT. This monthly newspaper uses offset reproduction and has a circulation of 2,250. Reader input is solicited and welcomed; however, no payment will be made for such contributions. For more information about SMDC/ARSTRAT or to view *The Eagle* on-line, visit our Web site at www.smdc.army.mil.

SMDC/ARSTRAT, ATTN: Editor, **The Eagle**,
P.O. Box 1500, Huntsville, AL 35807-3801

Phone (256) 955-3887 (DSN 645) FAX: 645-1214
e-mail: EagleEditor@smdc.army.mil

Publisher.....Lt. Gen. Kevin T. Campbell
Director, Public Affairs.....William M. Congo
Editor.....Dottie White

CG DIRECT
Want to communicate
directly with the CG?
Call (866) 243-4732

Rally ‘round the flags

Sharon Watkins Lang
SMDC/ARSTRAT
Historical Office

Although U.S. Army Space and Missile Defense Command/Army Forces Strategic Command is one organization, the command is authorized two separate and distinct flags.

These represent our relationships with the U.S. Strategic Command and the U.S. Army. No changes are currently planned for the Army Forces Strategic Command flag. The familiar SMDC/ARSTRAT flag, however, will soon be changing.

Under General Order 37, issued Oct. 16, 2006, SMDC/ARSTRAT was officially designated as an Army Service Component Command, or ASCC, of STRATCOM reporting directly to Headquarters, Department of the Army. As a result, the command is no

longer a Major Army Command (MACOM) and the SMDC/ARSTRAT flag will be changing.

As defined by the rules of heraldry, the current colors designate the organization as a MACOM. These flags are “national flag blue” with a yellow fringe on three sides. The Coat of Arms of the United States and the command’s shoulder sleeve insignia are centered on the base. A scroll beneath the coat of arms states the command’s name. [Army Regulation 840-10 entitled “Flags, Guidons, Streamers, Tabards, and Automobile and Aircraft Plates” addresses flag heraldry and etiquette.]

The current SMDC/ARSTRAT flag dates to 1997, when the U.S. Army Space and Missile Defense Command was created and assigned as a MACOM.

Nevertheless, SMDC/ARSTRAT is still authorized a distinguishing flag. And, the



New design of SMDC/ARSTRAT flag

new design is very similar to our current flag.

The base remains the national flag color blue, trimmed with a yellow fringe on three sides. Centered on the flag is the command’s shoulder sleeve insignia. This

flag represents the command’s relationship with DA.

The Institute of Heraldry is currently developing the official documentation and design for the revised flag. No timetable has been set, but the new flag is coming.

What We Think

The Eagle asks:

Now that elections are over, what “words of wisdom” do you offer to those of voting age and of upcoming voting age?



Celeste Gainey
IT Staff
U.S. Army Kwajalein Atoll

Isn’t it good that we have absentee ballots, so we don’t have to stand in line for five hours! We should always fill out the forms for absentee ballots.



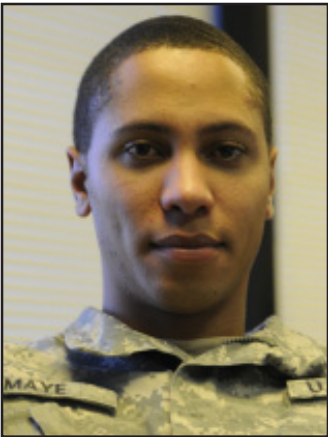
Graham Shaw
Firefighter
U.S. Army Kwajalein Atoll

Instead of looking at it as if it was a popularity contest, voters should know more about the candidates.



Maj. Pamela Tingle
Headquarters and Headquarters
Company Commander
Redstone Arsenal, Ala.

Our democratic voting process allows your voice to be heard. It allows you to express a choice among candidates and taking the time to vote reflects personal pride in our nation. Failure to vote is equivalent to saying you just don’t care about the issues out there.



Pfc. Benjamin Maye
Adminstrative Clerk
100th Missile Defense Brigade
Peterson Air Force Base, Colo.

This past election is only another example of the strong principles this country was founded on. For us to continue we must be able to adapt, and overcome all obstacles that we as a country may face. In order to do this we must make sure that our voice is heard, that the one right that our country holds high, that of the right to vote, is continued today, tomorrow and for our future generations.



Staff Sgt. Kristine Bombard
Supply Sergeant
100th Missile Defense Brigade
Peterson Air Force Base, Colo.

Voting for our leaders is the most patriotic thing one can do and a very important part of being an American citizen. SO GET OUT AND VOTE!!!



John E. Upp III
Chief, TeleComm Branch
CIO/G6
Redstone Arsenal, Ala.

We are one of the few nations that have an orderly change in government every four to eight years. A lot of nations hold “elections” but the outcome is pre-determined or is determined through violence or physical intimidation. Our right, as Americans, to vote should not be taken for granted. If you believe your vote doesn’t count look at some of our last elections’ tallies. And remember, if you don’t vote you can’t complain if you don’t like the way things are run.

Messervy assigned as special assistant to commanding general, SMDC/ARSTRAT



Dr. Steven L. Messervy

SMDC/ARSTRAT Public Affairs

REDSTONE ARSENAL, Ala. — Dr. Steven L. Messervy, a member of the Army's senior executive service, was reassigned as special assistant to the commanding general of the U.S. Army Space and Missile Defense Command/Army Forces Strategic Command Oct. 31.

Since 2005, Messervy served as the general manager of the North Atlantic Treaty

Organization Medium Extended Air Defense System Management Agency (NAMEADSMA) in Huntsville, Ala. He has also served as the deputy Program Executive Officer (PEO) for Missiles and Space, Redstone Arsenal, Ala.

Messervy has more than 28 years experience in the research, development, and acquisition business which includes aviation, tactical missile and unmanned aerial vehicle systems, national and theater missile defense, space,

strategic defense laser, missile, and other technology programs.

He has a doctorate degree in systems engineering and operations research. He is a graduate of the Defense Systems Management College Program Manager's Course and the Army War College. He was named a Sloan Fellow and completed a master's degree from the Massachusetts Institute of Technology. He is also a colonel in the U.S. Army Reserve.

Past, present commanders look to the future of SMDC/ARSTRAT



Lt. Gen. Kevin T. Campbell, commanding general for the U.S. Army Space and Missile Defense Command/Army Forces Strategic Command is surrounded by past commanders of the command. Campbell updated the former commanders on the current status of SMDC/ARSTRAT in research and development, areas of proponentcy and the operational status of the brigades during the past commanders' conference held at the command headquarters on Redstone Arsenal, Ala., Nov. 3. L-R: retired Lt. Gen. Robert D. Hammond, commanding 1988-1992; retired Maj. Gen. Eugene Fox, commanding 1983-1986; retired Maj. Gen. Grayson D. Tate Jr., commanding 1979-1982; retired Lt. Gen. Larry J. Dodgen, commanding 2003-2006; Campbell, SMDC's current commanding general; retired Lt. Gen. Donald M. Lionetti, commanding 1992-1994; retired Lt. Gen. John Costello, commanding 1998-2001; retired Lt. Gen. Joseph M. Cosumano Jr., commanding 2001-2003; retired Lt. Gen. Jay M. Garner, commanding 1994-1996.

Photo by Dottie White

Army astronaut scheduled for first flight

(Source: NASA) Countdown to liftoff officially began Nov. 11 at 10 p.m. for NASA's 27th shuttle flight to the station.

Army Astronaut Lt. Col. Shane Kimbrough and fellow crew members arrived at NASA's Kennedy Space Center on Nov. 11 for final launch preparations before liftoff of Endeavour scheduled for Nov. 14.

In the few days before launch, the crew must review mission tasks, check the fit of their flight suits, make final pad inspections and attend weather, payload and safety briefings.

Astronaut Chris Ferguson commands the seven-person crew, including Pilot Eric Boe, Mission Specialists Donald Pettit, Heidemarie Stefanyshyn-Piper, Steve Bowen, Kimbrough and Sandra Magnus.

Space shuttle Endeavour's STS-126

flight will feature important repair work and prepare the International Space Station to house six crew members for long-duration missions. The 15-day flight with its four planned spacewalks will primarily focus on servicing the station's two Solar Alpha Rotary Joints, which allow its solar arrays to track the sun. (The starboard SARJ has had limited use since September 2007.)

Endeavour will carry about 32,000 pounds, which will include supplies and equipment necessary to double the crew size from three to six members in spring 2009. The new station cargo includes additional sleeping quarters, a second toilet and a resistance exercise device. The shuttle also will deliver a new crew member and bring back another after more than five months aboard the station.



Army Astronaut Lt. Col. Shane Kimbrough

Eagle's final issue set for December

During a trial period, *Eagle* articles and information will transition from print to internet January 2009. The final printed issue before the trial period will be December 2008.

The electronic version of the articles can be viewed on the SMDC/ARSTRAT home page at www.army.mil/smdc. Even past articles can be viewed by clicking on "news articles" in the column on the left of the screen.

Articles and photos will be updated routinely, which will allow

news and information to be available to our readers in near term. Also, the stories are automatically sent to the Army.mil Web site as well as other commands and publications as appropriate, which will give command articles greater visibility. Another bonus is that the electronic version of the articles can be e-mailed to Family members and friends using the URL, or Web address.

So tell us what you think — continue to print on a monthly basis or place articles/information on the World Wide Web? E-mail *The Eagle* editor at: EagleEditor@smdc.army.mil.

Civilian News

Is your Mybiz account up-to-date?

Mybiz allows civilian employees on-line access to view information from their official personnel records including appointment, position, personal, salary, benefits, awards and bonuses, performance and personnel actions. In addition, employees can update their work telephone number, e-mail address, handicap codes, ethnicity and race identification, foreign language proficiency and emergency contact information. My Workplace brings key information about personnel together in one place for supervisors. It also keeps supervisors informed of their employees' personnel actions. This tool is used to generate and maintain performance plans to NSPS. Your Mybiz account should be kept up-to-date in case of an emergency happening to you.

OPM announces FEHB premium hikes

The Office of Personnel Management on Sept. 25 announced the 2009 premium rates for the Federal Employees Health Benefits program. Overall, an average enrollee's share of the premium will increase 7.9 percent, according to the agency. OPM said enrollees with self-only coverage will pay, on average, \$4.83 more each pay period (about \$125 per year) next year. Family coverage will cost an average \$11.12 more per pay period (about \$280 per year). OPM said 20 percent of FEHB enrollees would see their share of premiums rise by less than 5 percent, based on 2008 enrollment data. However, enrollees in the Blue Cross Blue Shield Standard Option, the most popular FEHB plan choice, would see their share of the premium increase 12.9 percent for self-only coverage and 13.4 percent for self and family coverage.

Civilian health benefits season now open

The annual Benefits Open Season will run from Nov. 10 through Dec. 8. During this period, employees will have the opportunity to make elections or changes in three benefits programs: **FEHB:** Employees may enroll in a health plan, change from one plan or option to another (i.e., high/standard, self only/self and family), or cancel their FEHB enrollment during the open season. Web site is www.opm.gov/insure/health/. **FEDVIP:** During the open enrollment period, employees may enroll in supplemental dental and/or vision coverage, change from one plan or option to another, or cancel their enrollment. Web site is www.opm.gov/insure/dentalvision/. **FSAs:** An FSA allows employees to set aside pre-tax dollars for out-of-pocket health care and dependent care expenses, thereby reducing the amount you pay in taxes. Web site is www.fsafeds.com.

HR flexibilities available to assist federal employees affected by severe weather

Recent events in the Midwest have clearly demonstrated the impact severe weather conditions can have on communities across the country. Many parts of the United States must occasionally cope with hurricanes, tornados, severe storms and flooding, snow emergencies, severe icing, wildfires, or other emergency situations, frequently with little warning. These emergencies are often dangerous and extremely disruptive to those who live in the affected communities. The U.S. Office of Personnel Management published a memorandum June 17 with attachments on this subject. It will be updated and published annually to remind agencies of the various Human Resources flexibilities currently available to assist federal employees affected by severe weather conditions and their aftermath or other emergency situations. The entire memorandum can be found at www.opm.gov/oca/COMPMEMO/2008/2008-09.asp. **Pay and leave benefits** — OPM's Handbook on Pay and Leave Benefits for Federal Employees Affected by Severe Weather Conditions or Other Emergency Situations provides a general summary of the pay and leave benefits available to federal employees prevented from working, or required to work, in an area affected by emergency situations. The handbook is available at www.opm.gov/oca. **Employee and Family support benefits** — Benefits for federal employees and eligible Family members remain unchanged during emergency situations. Information about employee and Family support benefits and policies is available at www.opm.gov/pandemic/agency6h-federalbenefits.pdf.

Military News

DOD develops Compensation and Benefits Handbook

The Department of Defense announced Oct. 6 it has developed a comprehensive handbook describing compensation and other benefits servicemembers and their Families would be entitled to upon separation or retirement as a result of serious injury or illness. The handbook describes the disability eligibility process, various program qualifications, application procedures, and numerous resources with associated contact information. Web sites and toll-free numbers are provided, and the electronic version includes hyperlinks. The electronic version of the handbook will be updated frequently, and the hard copy of the compensation and benefits handbook will be updated annually. The electronic version of the handbook can be found on the five Web sites: <http://turbotap.org>; <https://www.aw2.army.mil>; <https://www.nko.navy.mil>; <http://www.npc.navy.mil>; <https://www.my.af.mil/gcss-af/USAF/AFP40/d/1073755231/files/C&BHandbook>.

Mortgage difficulties and the Servicemembers Civil Relief Act

The Servicemembers Civil Relief Act (SCRA) provides a wide range of protections for servicemembers. Whether these protections are available generally depends on when the servicemember bought the property in question. That is, did the servicemember become obligated under the mortgage before or after entering active duty? Many SCRA protections only apply when active duty military service has had a "material effect" on the servicemember's ability to pay. "Material effect" generally means the servicemembers are less well off financially because of active duty. That could be because they make less money or have more expenses. Servicemembers who are having any financial difficulties with their mortgages — or are having any legal problems — are strongly encouraged to seek free legal assistance at a military installation right away. A locator service can be reached at this Web site: <http://legalassistance.law.af.mil/content/locator.php>. (Source: www.militaryonesource.com)

Federal hiring of military spouses made easier

President Bush signed an executive order in early October that will make it easier for spouses of servicemembers to get federal jobs. The order authorizes noncompetitive hiring of spouses and should make the hiring process easier and faster for those in this category. The order will allow spouses to walk into any personnel office of any federal agency and get a job. To be eligible, individuals have to be the spouse of an active-duty member or of a reservist on active duty called on to relocate. Also eligible are the spouses of servicemembers listed as 100 percent disabled and separated or retired, as well as widows or widowers of servicemembers who died on active duty and who have not remarried. This authority gets spouses in the federal job door. It doesn't waive the qualifications for the job.

Military pets have opportunity to fetch \$1,500 AAFES shopping spree

The Army & Air Force Exchange Service is giving military pet owners the opportunity to crow and bark about their four-legged friends and what they mean to them. The "Patriot Family Pet Photo Contest," which runs through Dec. 15, allows pet owners to submit a photo of themselves or Family members with their pet along with a 50-word or less description of their furry friend. The grand prize winner will get their paws on a \$1,500 AAFES shopping spree. Additional prizes include a \$1,000 shopping spree for first place, two second place \$500 awards and two third place \$350 shopping sprees. In addition to the monetary prizes, the winning photos will be featured in future AAFES advertisements as well as on Exchange TV, AAFES' in-house television network. To participate in the Patriot Pet Photo Contest, shoppers can send entries to PatriotFamily@aafes.com with "Patriot Family Pet" in the subject line. Entrants must include their name, address, phone number, rank/occupation and pet's information (name, breed or type of pet) in the e-mail. More contest details can be found at www.aafes.com.

Command employees celebrate Hispanic Heritage

By Sharon L. Hartman
SMDC/ARSTRAT Public Affairs

PETERSON AIR FORCE BASE, Colo. — Celebrating Hispanic Americans, past and present, who have enriched our nation and the Army, members of U.S. Army Space and Missile Defense Command/Army Forces Strategic Command conducted their annual Hispanic Heritage Observance, Oct. 14. The event was held in the Building 3 training rooms with Col.



Sgt. Juan Caballero of the 53rd Signal Battalion gets blindfolded as he prepares to take the first swing at a candy-filled, Tweety Bird Piñata during the 2008 SMDC/ARSTRAT Hispanic Heritage Observance.

Kurt Story, deputy commander for Operations serving as host and Lt. Col Anthony Chavez as the guest speaker.

In his remarks, Story recounted the inspiring tale of Spc. Alfred Rascon, one of 43 men of Hispanic Heritage who received the Medal of Honor. Rascon put himself in harms way in Vietnam when his platoon came under attack as it was trying to reinforce a sister platoon. With several of his comrades injured, Rascon, a medic, exposed himself to enemy fire to get to them, drag them to safety and provide medical attention. Covering their bodies with his own during the attacks, Rascon suffered serious wounds from grenade blasts and fragments and nearly died that day.

Originally nominated for the Medal of Honor, Rascon was only awarded the Silver Star at that time. It was not until a 1985 reunion with his old platoon members that his comrades realized he had not been awarded the Medal of Honor and fought until Rascon was given the prestigious and well-deserved award Feb. 8, 2000.

After Story's and Chavez's rousing words, the audience enjoyed a game of "Guess Who?" using a slideshow presentation put together by Frances Sanchez-Jones, Tier 1 Tech Support for the Command Information Office.

Hispanic members from around the command had previously submitted younger photos of themselves and clues for the presentation. Based on the photos and the clues, viewers had to match the photos with a list of names as to which Hispanic member of the command they thought was



Photos by DJ Montoya

Members of U.S. Army Space and Missile Defense Command/Army Forces Strategic Command on Peterson Air Force Base, Colo., feast on enchiladas, rice, beans and an assortment of sweets during the 2008 Hispanic Heritage Observance.

in each photo. Capt. Marken Orser took first place with 14 correct matches. Maj. Stephen Parrish and Spc. Dianalou Boone tied for second place with 13 correct matches.

After the formal portion of the ceremony, attendees enjoyed sampling enchiladas, rice, beans and an assortment of sweets, and of course, no Hispanic celebration would be complete without a candy-filled piñata.

SMDC/ARSTRAT participates in JEOM program

By Diane Schumacher, SMDC/ARSTRAT Public Affairs

The Joint Educational Opportunities for Minorities program, or JEOM, is a Department of Defense sponsored program designed to increase opportunities for students from under-represented groups who are in college pursuing studies in science, technology, engineering and mathematics (STEM) disciplines. JEOM focuses on students who have an interest in computational science and high performance computing challenges important to the DOD. To help students and the DOD, JEOM provides work experiences for the students as interns and provides them an introduction to the DOD's supercomputers and applications.

The U.S. Army Space and Missile Defense Command/Army Forces Strategic Command is a member of the JEOM program. Dr. Claudette Owens, chief, Information, Computational and Engineering Division, Future Warfare Center, SMDC/ARSTRAT and Lisa Vann, high performance computing lead, IE&C Div., FWC, and JEOM point of contact, serve as mentors in the JEOM program. Both women seemed excited about the program and about Kara Pleasant, SMDC/ARSTRAT's JEOM intern.

"Interns from all over [the United States] apply to participate in this program," said Vann. "They have to be undergraduates, graduates or may even be a Ph.D. with a grade point average of 3.5 or higher. We (she, Pleasant and Owens) traveled to Seattle, Wa., in July for the high performance computing modernization program office's (HPCMO) JEOM Colloquium. It was strictly for students' growth."

Speakers from DOD, academia, scientists and industry briefed the college students. They discussed a range of topics covering educational and employment opportunities, computational science, and high performance computing in test and evaluation.

Dr. Owens spoke on her experience working for the government and what the government could offer the students. She and Vann were also on a panel representing SMDC/ARSTRAT; members from agencies such as the Naval Air Warfare Center, Air Force Research Lab, Johns Hopkins and other government and academia also gave insight on the work industry.

As mentors, Owens and Vann talked to Pleasant and other students at the Colloquium to see what they thought of the DOD workforce and to determine how serious the students were about working for the federal government.

The students were exposed to many professionals from all over the world, Vann said. "Now the students have a first-hand look at DOD employees who are already in the system and what their

views are," Vann said.

Pleasant holds a 3.5 GPA at the Florida Institute of Technology where she is working on her master of science with concentration on information technology. She said that as a teenager her interests were in theater and business, never computers.

"It was not until I started my undergraduate degree that I realized how the STEM world plays an important part in the development of the United States," Pleasant said. "It's important that we become more involved in science, technology and engineering because working with DOD is our first line of defense."

Pleasant worked as an intern for SMDC/ARSTRAT in the information, computational and engineering division, shadowing Vann and spending time at the ARC. She also got to see various kinds of research in terms of HPC and got a feel for the different types of problems that are being solved with large scale computers, not just evolutionary algorithms but computational fluid dynamic structures and different areas also, said Owens. The JEOM program for Pleasant extended from May to August.



Photo by Diane Schumacher

(Standing from left) Dr. Roger Banks, senior scientist, Colsa Corp., Dr. Claudette Owens, Future Warfare Center, SMDC/ARSTRAT, and Lisa Vann, FWC, SMDC/ARSTRAT, stand by as Kara Pleasant, JEOM intern, pauses from her work and explores the elements of Evolutionary Computing using the Advanced Research Center's Genetic Programming Lab. ARCGPL is a framework that generates an initial population of candidate solutions then calls on other programs to compute a fitness value for each candidate. This population is then sorted by fitness, and then evolved by various mutations and recombination operations to generate a new, improved population.

Safety



Mental safety: Tips for managing stress

SMDC/ARSTRAT Public Affairs

- **Plan ahead to avoid stress** - learn to plan ahead and space events and activities to allow yourself breathing room.
- **Learn and practice time management skills** - Taking a good time management seminar — and then practicing what you learn — can help prevent stress. Keep a daily “Top 10” list of the things you need to do, in order of priority; then complete each item in order before you move on to the next item. That way, the most important tasks will be finished first.
- **Take appropriate action** - Learn to obtain and use the right tools. Make sure you’re dealing with root problems and not just symptoms of problems. Don’t wait to be motivated; take a first step. Action can lead to motivation.
- **Put things in perspective** - Ask yourself, “Tomorrow, will this really matter? In a month, will this really matter?” If the answer is “yes,” take appropriate action. If the answer is “no,” why are you worrying and getting stressed about it?
- **See changes as opportunities rather than threats** - Whenever there’s a major change in your life, it can seem threatening; but try to turn things around and look at the opportunities the new situation creates for you.
- **Work toward realistic goals** - Goal setting can be helpful in managing stress; but always remember to make your goals both challenging and realistic. If they’re not challenging, you don’t feel a sense of accomplishment when you complete them. On the other hand, unrealistic goals can never be met and will lead to a sense of failure and low self-esteem. Be goal oriented, but not goal dominated.
- **Get up and do something - walk, bicycle, swim, play.** In other words, be **active**. Work off that stress, and build resistance at the same time. Do things that are fun and that you’re willing to do for the rest of your life. Try to get at least 20 to 30 minutes of physical activity a day, at least five or six days a week. Be more active every day. Take stairs instead of elevators. Walk to the corner store; walk your dog, or take a walk with your family.
- **Eat regular, healthy meals** - The stress response can trigger hunger; and many people turn to food or alcohol as methods of coping with stress. That can lead to weight or alcohol problems. When you’re under stress, it’s important to keep your body and its immune system strong.
- **Think about your values** - Strong values help you to cope with stress. Think about what’s really important to you, and develop a foundation of values and purpose in life.
- **Talk out your troubles** - It really does help to talk to someone. Build a network of supportive family and friends. If you don’t feel comfortable talking to anyone close to you, talk to a counselor.
- **Become a good listener** - Being a good listener is one of life’s important skills; it

Tips for cleaning mold and mildew

SMDC/ARSTRAT Public Affairs

Disaster recovery specialists caution that mold and mildew can begin to grow within 24 hours after a flood and can be found throughout the house, including the attic, basement and crawl spaces. Health officials encourage those who realize they have mold to act quickly to eliminate the problem. Taking steps to clean up mold properly ensures a healthy home, especially for those who may suffer from allergies and asthma.

All materials are likely to become moldy if they are wet for too long. Thus, the first step in the mold cleanup process is to consider the condition of all items in a flooded area:

- Wood furniture and other porous materials can trap mold and may need to be thrown away.
- Harder materials, such as glass, plastic and metal, can be cleaned and disinfected.
- Carpeting will be a problem because drying it out does not remove mold spores.
- Carpets with heavy mold and mildew will need to be discarded.

All wet surfaces should then be cleaned, disinfected and dried as quickly as possible. Specialists offer the

following suggestions to ensure safe and effective cleanup:

- Open windows for ventilation and wear rubber gloves for cleaning.
- Wash all areas and washable items that come in contact with floodwaters with a non-ammonia soap or detergent.
- Rinse thoroughly and disinfect the area with a solution of 10 percent household bleach and 90 percent water. Never use bleach with ammonia. The fumes are toxic!
- Cleaned areas need to dry for several days. Heat, fans and dehumidifiers help.
- All odors should be checked out. It is possible for mold to hide in the walls or behind wall coverings. Find all mold sources and properly clean them.
- Materials that cannot be cleaned, such as sheetrock, fiberglass and cellulose insulation, should be removed and discarded. Then clean the wall studs where wallboard has been removed, and allow the area to dry completely.

Additional information on cleaning up after a flood is available at the following Web sites: www.fema.gov, www.redcross.org, www.in.gov/isdh, www.epa.gov, www.cdc.gov.



Mold and mildew can be found in many areas of your home.

helps prevent misunderstanding and helps build friendships. Poor communication is a major cause of stress, so learn how to talk, write and listen effectively.

- **Take breaks and vacations** - Remember, stress is often called the “fight or flight response.” It’s probably not a good idea to flee from problems; but it **is** often a good idea to take a break. Research shows that people who take regular breaks and vacations are more productive than those who work straight through without any breaks.
- **Learn to relax or meditate** - Relaxation doesn’t come naturally, especially when you’re under stress. Tension is part of the body’s natural response to stress. You can significantly reduce the impact of stress by learning relaxation skills such as progressive muscle relaxation, meditation, massage, mental imagery, deep breathing or certain types of yoga.
- **Get a good night’s sleep** - A good night’s

sleep is also important for managing stress. Try to relax before sleeping to improve the quality of your sleep.

- **Use your creativity** - Yesterday’s solutions probably won’t solve the problems of tomorrow. We need to be creative — try new ways of solving problems. There is creativity within all of us. Bring out your creativity by experimenting, asking lots of questions and playing around with ideas.
- **Laugh, develop a positive sense of humor** - Laughter may not be the “best” medicine, but it is a powerful tool for reducing stress and having a better quality of life. Laugh **with** people, not at them.
- **Put FUN back in your life** - This tip summarizes all the above advice. When you were a child you played and had fun. Those are important traits for life; don’t lose them. Put fun back in **your** life! (Source: Delaware Health and Social Services)

Runners from SMDC/ARSTRAT 1st Space Brigade pose for a group photo with Lt. Gen. Kevin T. Campbell and Command Sgt. Maj. Ralph C. Borja prior to the start of the Army Ten-Miler, Oct. 5 in Washington, D.C. Left to right — Capt. Carlos Santana, Staff Sgt. Corey Wilson, Staff Sgt. David Rodgers, 2nd Lt. Mathew Songy, Maj. Randy Wheeler, Spc. Ryan Shea, Borja, Maj. Mike Russell, Campbell, Sgt. Michael Landry, Staff Sgt. Stephanie Weber, Sgt. Matthew Caple, Capt. Allyn Ruckdeschel, Spc. Travis Parsons, Sgt. 1st Class Dustin Swinney, Capt. Christopher Saylor, and Staff Sgt. Randolph Brown



Photos by Dottie White

SMDC/ARSTRAT represented at Army Ten-Miler

By Maj. Mike Russell, 1st Space Battalion Executive Officer

WASHINGTON, D.C. — U.S. Army Space and Missile Defense Command/Army Forces Strategic Command showed its colors well this year in Washington, D.C. More than 20 Soldiers assigned to the command ran in the physically challenging 24th Annual Army Ten-Miler race on Sunday, Oct. 5.

The Army Ten-Miler is America's largest 10-mile race, held every October in Washington, D.C., and sponsored by the U.S. Army Military District of Washington. There were about 26,000 participants in this year's run. The 1st Space Brigade sponsored two teams, the Space Sentinels and Mercury's Minions, and the 100th Ground-based Midcourse Defense Brigade sponsored six individuals in an unofficial team named Team America.

The SMDC/ARSTRAT Commanding General Lt. Gen. Kevin T. Campbell and Command Sgt. Maj. Ralph Borja were both present at the Redstone Arsenal Hooah Tent to wish the team members a speedy race. Borja and a few other members of the command also ran as individual entrants in the event.

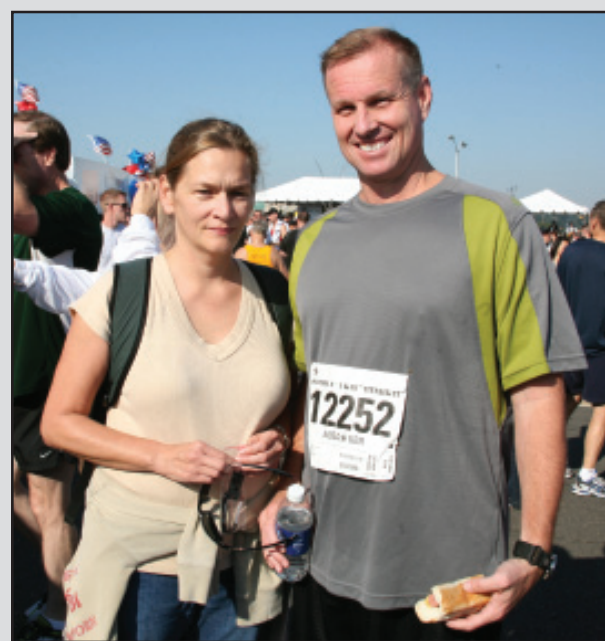
Race Day was a beautiful day in Washington, D.C., with a slight chill in the air at the 8 a.m. start time and warm temperatures throughout the race. The SMDC/ARSTRAT runners demonstrated great drive and motivation for the train-up and performed well during the actual

event, as they ran the 10-mile course surrounded by one remarkable monument after another.

The three team captains, Maj. Martin Bortolutti, Maj. Michael Russell and Maj. Randy Wheeler, encourage and challenge others within the command to come out next year and represent the command as well.

In the week following the Army Ten-Miler race, eight Soldiers and a dozen government civilians and contractors staffed the SMDC/ARSTRAT exhibit at the Association of the United States Army Annual Meeting and Exposition at the Walter E. Washington Convention Center in D.C. The SMDC/ARSTRAT team was responsible for conveying the commanding general's mission, vision, and responsibilities to visitors from the Army and other organizations around the world. In this task, the Soldiers and civilians did a superb job of telling visitors what SMDC/ARSTRAT does to contribute to the Army, both in space support to the Warfighter and to research, development and acquisition of space and missile defense systems.

The SMDC/ARSTRAT team participants and their respective times for the Army Ten-Miler are as follows: **Mercury's Minions** — Spc. Christopher Saylor - 1:08:41; Staff Sgt. Corey Wilson - 1:10:40; Spc. Travis Parsons - 1:12:24; Sgt. Matthew Caple - 1:17:53; Maj. Randy Wheeler - 1:21:40; Capt. Carlos Santana - 1:23:05; 2nd Lt. Mathew Songy - 1:23:08; Spc. Ryan Shea - 1:33:36



A smiling Lt. Col. (P) Joseph Gaines, SMDC/ARSTRAT commanding general's executive officer, spends time with his wife Diane Reed after completing the race.

Space Sentinels — Staff Sgt. Randolph Brown - 1:17:43; Maj. Michael Russell - 1:18:44; Sgt. Lamario Harris - 1:19:33; Capt. Allyn Ruckdeschel - 1:27:48; Staff Sgt. David Rodgers - 1:21:17; Sgt. Michael Landry - 1:31:12; Staff Sgt. Stephanie Weber - 1:36:32; Sgt. 1st Class Dustin Swinney - 1:42:19 **Team America** — Maj. Martin Bortolutti - 1:16:34; 2nd Lt. Jeremiah VanDorsten - 1:16:43; Capt. Chris Berisford - 1:17:59; Capt. Orlando Cobos - 1:21:16; Cpl. Grant Henne - 1:23:19; Chief Warrant Officer 3 Matt Betzmer - 1:26:39

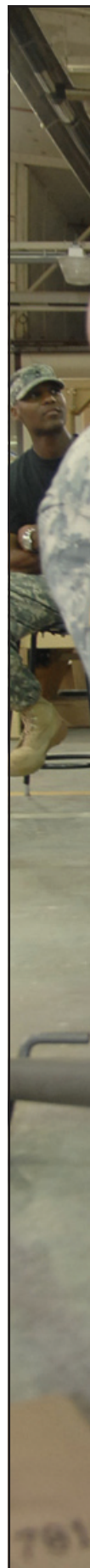


Happy to finish the race, runners from the 100th Ground-based Midcourse Defense Brigade — Team America — meet at the SMDC/ARSTRAT Hooah Tent for a group photo with Brigade Commander Col. Michael L. Yowell. Left to right — Capt. Chris Berisford, Maj. Martin Bortolutti, Cpl. Grant Henne, 2nd Lt. Jeremiah VanDorsten, Capt. Orlando Cobos, Chief Warrant Officer 3 Matt Betzmer, and Yowell



1st Space Battalion Command Sgt. Maj. James N. Ross and SMDC/ARSTRAT Command Sgt. Maj. Ralph C. Borja stretch before starting the Army Ten-Miler. More than 26,000 runners from 40 countries participated in the event. The run began at the Pentagon, looped into the district and back to the Pentagon.

SM



Staff Sgt. Sept. 30 Soldier c



Staff Sgt. point also the Army

SMDC/ARSTRAT represents at DA Best Warrior Competition

By Sharon L. Hartman, SMDC/ARSTRAT Public Affairs

FORT LEE, Va. — U.S. Army Space and Missile Defense Command/Army Forces Strategic Command was well represented during the 2008 Department of the Army Best Warrior Competition.

The event, in its seventh year, took place at Fort Lee, Va., from Sept. 29 through Oct. 3, and pitted the top noncommissioned officers and Soldiers from 12 commands against each other, in the quest for the titles of Department of the Army Noncommissioned Officer and Soldier of the Year. Representing SMDC/ARSTRAT was Staff Sgt. Christopher Barber as the command's Noncommissioned Officer of the Year, and Spc. Michael Moore as the command's Soldier of the Year.

At the end of the weeklong competition, Staff Sgt. Michael N. Merino, a U.S. Army National Guardsman, was named the 2008 Department of the Army Noncommissioned Officer of the Year, and Spc. David R. Obray from U.S. Army Reserve Command was dubbed the 2008 Department of the Army Soldier of the Year.



Photo by T. Anthony Bell, Fort Lee Public Affairs

Staff Sgt. Christopher Barber of SMDC/ARSTRAT function checks a machine gun during the 2008 Department of the Army Noncommissioned Officer and Soldier of the Year "Best Warrior" Competition held Sept. 28 - Oct. 3 at Fort Lee, Va.



Photo by Kimberly Fritz, Fort Lee Public Affairs

Staff Sgt. Christopher Barber, SMDC/ARSTRAT competitor, prepares to find his next target during the Urban Warfare Orienteering event during the 2008 Department of the Army Noncommissioned Officer and Soldier of the Year competition Oct. 1.



Photo by T. Anthony Bell, Fort Lee Public Affairs

Spc. Michael Moore prepares to plot points on a map prior to the Urban Warfare Orienteering Course event Oct. 1. The SMDC/ARSTRAT Soldier was one of the 24 Soldiers who competed in the 2008 Department of the Army Noncommissioned Officer and Soldier of the Year "Best Warrior" Competition held Sept. 28 - Oct. 3 at Fort Lee, Va.



Photo by Mike Strasser, Fort Lee Public Affairs

Spc. Michael Moore, SMDC/ARSTRAT, tests the strap on his M16 during the pre-combat checks and inspection Sept. 30 at the 2008 Department of the Army NCO/Soldier of the Year Competition.



Photo by Amy Perry, Fort Lee Public Affairs

Staff Sgt. Christopher Barber, SMDC/ARSTRAT, prepares to take the written exam during the 2008 Noncommissioned Officer/Soldier of the Year competition Oct. 1.

Army Secretary announces 2009 will be ‘Year of NCO’

By C. Todd Lopez
Soldiers Media Center

WASHINGTON — The Army will recognize the value of its enlisted leaders at all levels of command as it observes “The Year of the Noncommissioned Officer” in 2009, Army Secretary Pete Geren said Oct. 6.

Geren made the announcement during his keynote address at the opening of the 2008 Association of the United States Army Annual Meeting and Exposition here.

“At the front of every Army mission in the United States or overseas, you’ll find a noncommissioned officer,” he said. “They know their mission, they know their equipment, but most importantly, they know their Soldiers.”

The secretary said that during the year, the Army will develop new initiatives that enhance the training, education, capability and use of the NCO corps, showcase the NCO story to the Army and the American people, and honor the sacrifices and celebrate contributions of the NCO corps, past and present.

“Today’s NCO operates autonomously, and always with confidence and competence,” he said. “Our NCOs are empowered and trusted like no other NCO in the world, and most advanced armies in the world today are going to school on our model.”

Geren noted he came to the Pentagon late in the summer of 2001, and that he was in the building during the Sept. 11 attack.

“And for seven years, I’ve watched Soldiers go off to war, and watched their families stand with them,” he said. “I’ve been inspired by the service of our Soldiers, and humbled by the sacrifice of their families — spouses and kids, moms and dads. And it’s the privilege of a lifetime to work with and for Soldiers and Army families.”

The Army’s first priority, Geren said, are the loved ones in harms way.

“They are front of mind 24 hours a day, and we’re committed to meeting with urgency the ever-changing, life-and-death needs and demands of our Soldiers in Afghanistan and in Iraq,” Geren said. “And not just meet their needs and meet the evolving threats, but anticipate, and do everything we can to get ahead of the threat. And care for those who have borne the battle, and their loved ones. These are moral duties of the highest order for our

nation and our Army.”

The secretary also talked about an often unseen portion of the military — those who deliver goods and services to the fighting force: the Army logisticians.

“We have 250,000 Soldiers in 80 countries, and we’ve been at war for seven years, with 140,000 Soldiers in theater today,” he said. “Nobody ever asks, ‘Who feeds those guys?’”

“Our logisticians are victims of their own success,” he continued. “Their work is so good it is invisible — it’s a given. Wherever our Army goes, whatever our Soldiers need, whenever they need it, they get it — the miracle of Army logistics.”

Geren said the Army logistics community repairs more than 14,000 vehicles every year — a number equal to the number of yellow cabs in New York City. They also move more than 700,000 personnel in and out of theater, equal to the entire population of Charlotte, N.C. And each day, he said, Army logisticians provide 750,000 meals in Kuwait, Afghanistan, and Iraq. They also dispense enough fuel in the combat theater to fill up 750,000 cars — nearly four times the number of vehicles registered in Washington, D.C.

“We talked much about the surge — 15,000 more Soldiers in Iraq — but nobody ever mentioned that Army logisticians would serve 45,000 more meals each day, and ship 120,000 more gallons of water each day,” he said. During Operations Iraqi Freedom and Enduring Freedom, 619 sustainment and support Soldiers have given their lives, the secretary said.

Geren also pointed out the historic anniversaries the Army has celebrated in 2008, including the 25th anniversary of the Army Family Action Plan, the 30th anniversary of the disestablishment of the Women’s Army Corps, and the 60th anniversary of the integration of the U.S. military.

“Sixty years ago, our Army did not stand as one,” he said. “It was not a single band of brothers, rather, a collection of bands of brothers divided by race.”

The policy then, he said, was that the Army was separate, but “hardly equal.”

“[It was a] cruel irony of our nation sending Soldiers to fight for freedom against the Germans — yet affording privileges to white German prisoners of war held in the United States that were denied to the African-American Soldiers who guarded them,” the secretary said.

On July 26, 1948, President Harry S.



Photo courtesy of AUSA

Army Secretary Pete Geren gives the keynote address at the opening of the 2008 Association of the United States Army Annual Meeting and Exposition in Washington, D.C., Oct. 6.

Truman signed Executive Order 9981, declaring “there shall be equality of treatment and opportunity for all persons in the armed services without regard to race, color, religion or national origin.”

“With the stroke of a pen, President Truman launched the Army on the path to the color-blind institution we know today,” Geren said. “The Army moved slowly and stubbornly at first, but now stands as the model for equal opportunity in our nation. Today, we have an Army where the only colors that matter are red, white, and blue.”

Geren also took time to reiterate another priority of the Army — the elimination of sexual assault within the ranks.

“The brothers and sisters of our Army must be able to count on each other, wherever they are, in the battlefield or in the barracks, and whenever, on duty or off, no matter the cost,” he said. “We will create a climate of zero tolerance for gender-based misconduct — in attitude, word, and deed, and become fully, as our values demand, a band of brothers and sisters.”



Photo by DJ Montoya

Virtual promotion

PETERSON AIR FORCE BASE, Colo. — 1st Space Battalion has taken the 21st Century approach of conducting a traditional promotion board via video teleconferencing (VTC). Seen here is a VTC promotion board, conducted for the first time in the newly outfitted 1st Space Battalion conference room at the U.S. Army Space and Missile Defense Command/Army Forces Strategic Command Operations building here during the afternoon of Oct. 24. Staff Sgt. Stephanie Weber of the battalion brought up on a high definition screen candidates Spc. Michael Moore and Spc. Jerry Wardlaw, two Joint Tactical Ground Station operators from Headquarters, Delta Detachment, 1st Space Company, Misawa Air Force Base, Japan. The two Soldiers faced tough questions from board members seen at the table (left to right) Sgt. 1st Class Erik Johnson, Sgt. Maj. William Baker and Sgt. 1st Class Dustin Swinney. According to 1st Space Battalion Command Sgt. Maj. James Ross, the battalion has been conducting this type of promotion board in other conference rooms throughout the building utilizing VTC technology with their outlying locations worldwide for the past six to eight months.

Customer Support priority for 53rd Signal Battalion

By Sharon L. Hartman
SMDC/ARSTRAT Public Affairs

COLORADO SPRINGS, Colo. — Key players and policy makers from the satellite communications community were invited to the 53rd Signal Battalion's annual Operations Conference Oct. 15-21. The event, conducted at the ITT and ARINC facilities and the Global SATCOM Support Center, allowed attendees to discuss and review current policies, as well as look at the road map for the upcoming Wideband Global Satellite activations.

According to Sgt. 1st Class Robert Lewis, 53rd Signal Battalion Operations noncommissioned officer and facilitator for the conference, the occasion was an opportunity to focus on improving the battalion's customer support to the SATCOM community.



Photo by DJ Montoya

Air Force Lt. Col. Peter J. Flores, deputy chief, Combat Operations Division, JFCC-Space, speaks at the 53rd Signal Battalion Operations Conference, which was conducted at the ITT and ARINC facilities, and the Global SATCOM Support Center, Oct. 15-21.

Germany Proficiency for Charlie Company Soldiers

Charlie Company
53rd Signal Battalion

LANDSTUHL, Germany — Three Control Warriors from Charlie Company, 53rd Signal Battalion, tested their skills on several German weapon systems Sept. 10.

Capt. Pedro Sanabria, Charlie Company commander, Staff Sgt. Corey Wilson and Sgt. Guy Jackson were invited along with several Soldiers from the 21st Theater Support Command to compete for the prestigious German Schützenschnur on a German rifle range just outside the city of Kastellaun, Germany.

The Control Warriors were tested on their marksmanship skills on the German P8 9mm pistol, the MG 3v 7.62mm machine gun, and the German service rifle (G36/G3). The Schützenschnur is the German weapons qualification



Photo by Staff Sgt. Brandon Hayman

From left to right, Capt. Pedro Sanabria, commander, Charlie Company, 53rd Signal Battalion; Staff Sgt. Corey Wilson; and Sgt. Guy Jackson proudly display their Schützenschnur awards, the German Marksmanship Badge, which is similar to the U.S. Army weapons qualifications badge.

badge which is close to the U.S. Army weapons qualifications badge. The training event, which is an important

partnership program, provides Soldiers the opportunity to earn a foreign award such as the German Marksmanship Badge

and create a greater bond with their German Military partners.

The Schützenschnur is a silver-colored rope with a round metal badge on a flat end near the top of the rope. The center of the badge displays the German eagle surrounded by a wreath of oak leaves, which is a symbol of the Bundeswehr, the Armed Forces of the Federal Republic of Germany.

"The history of the qualification badge is more than 150 years old," said Lt. Col. Michael Dörr, a German liaison officer with the 21st Theater Support Command. "Even though the name has changed several times, the importance of having a weapons qualification to test the proficiency of your Soldiers weaponry skills is very important." Wilson and Jackson earned a Bronze badge while Sanabria earned Gold.

Family Readiness Group collects items to give Soldiers taste of home



Photo by Dottie White

Staff Sgt. Nick Race (left) and Staff Sgt. Marcus Church, both of Headquarters and Headquarters Company, load a van with ready-to-mail boxes of various items for deployed Soldiers.

By Dottie White, Editor, *The Eagle*

REDSTONE ARSENAL, Ala. — The U.S. Army Space and Missile Defense Command/Army Forces Strategic Command Family Readiness Group Leader Sarah Trial is heading up a project to collect items for our deployed Soldiers in Iraq and Afghanistan.

To date more than 100 boxes have been collected from SMDC/ARSTRAT employees and members of Trial's church. Some of the items being collected are phone cards, movies, sheets, travel-size personal hygiene items, lip balm, plastic coated playing cards, electronic games and gadgets, and white and black cotton socks.

Trial said the idea is to get these items to the Soldiers before Christmas, so they have a 'taste of home.' "It doesn't matter if it is an SMDC/ARSTRAT Soldier or not, because they are all 'our' Soldiers," she said.

The items will be collected until Dec. 13. For additional information on this project, contact Sarah Trial of the SMDC/ARSTRAT G1, at sarah.trial@smdc.army.mil.

1st Space Battalion celebrates the Harvest

By DJ Montoya
SMDC/ARSTRAT Public Affairs

PETERSON AIR FORCE BASE, Colo. — Children and their parents from the U.S. Army Space and Missile Defense Command/Army Forces Strategic Command's 1st Space Battalion got a head start on Halloween during the battalion's annual Harvest Party. The event took place in the training



Photos by DJ Montoya

(Left to right) Staff Sgt. Anthonio Cady, his daughter Brianna, and 1st Space Battalion Commander Lt. Col. Thomas James watch as Jacob Bushong takes a peak behind the door during trick-or-treating through special battalion offices.



1st Space Battalion Sgt. Tony R. Lopes, with wife Natalia, enter their son Roman — alias sock monkey — in the kids costume contest at 1st Space Battalion's Harvest Party on the evening of Oct. 24.

rooms of Building 3 here, on the evening of Oct. 24. Members of the battalion's Family Readiness Group took charge of the coveted event with help from Soldiers from the 1st Space Battalion.

Children, dressed in various costumes, were lead through a maze of spooky Soldier offices as part of a Trick-or-Treat event lead by Battalion Commander Lt. Col. Thomas James. The action then moved back to the training room for pizza and refreshments. Crafts and traditional games, such as bobbing for apples, were on tap for the youngsters. And a parade of all those in costumes was conducted with prizes awarded.



A scary portrait of children attending the 1st Space Battalion Harvest Party on the evening of Oct. 24 in Building 3, on Peterson Air Force Base, Colo. Children of Soldiers of the 1st Space Battalion were treated to pizza, games, crafts, a costume contest and the traditional trick-or-treating.



Erin Marion (far left), a member of the 1st Space Battalion Family Readiness Group, oversees several children costumed as story book and fantasy characters, as they bob for apples during the 1st Space Battalion Harvest Party on the evening of Oct. 24.



Chili Fundraiser collects nearly \$900 for holiday building party

Debby Heidt, SMDC/ARSTRAT G3, dishes out chili to employees during a fundraiser Oct. 30 at the Von Braun Complex on Redstone Arsenal, Ala. The donations collected were to raise funds for the headquarters holiday building party scheduled for Dec. 16. Employees brought in a variety of soups and chilis to donate to the cause, and the number of those who participated was incredible. Overall, \$878 was raised.

Photo by Giselle Bodin

Bravo Company runs for humanity

By Bravo Company, 53rd Signal Battalion

FORT MEADE, Md. — On Sept. 20, seven Bravo Company Soldiers participated in Habifest, Habitat for Humanity of Howard County's largest fundraiser of the year. The proceeds help fund construction for two single-family homes in Howard County, Md., near Fort Meade. The run is a nationally certified 5K course bringing in many very talented runners. Of the 175 runners, the winner was Nicholas Kurgat of Chapel Hills, N.C., who ran an astounding 14 minutes and 43 seconds.

The 53rd Signal Battalion was well represented by Sgt. Matt Davidson, Spc. Adam Olson, Sgt. John Wischmeier, Spc. Roy Dilworth, Spc. Scott Oleath, Spc. Jedediah Berry, Sgt. Nick Murja and Spc. Orion Strater. Of the eight, seven ran

and one served as the photographer.

Habifest is the third community service event participated in by Bravo Company's Operations Platoon Fourth Squad in the past five months. In May, fourth squad organized a clothing drive, making a large donation of clothing to a local Women's and Children's Shelter. Shortly after that, they spent time at an Assisted Living Facility with 15 veterans of WWII, Vietnam, and the Korean War. Each event has been well supported by the entire company, all benefiting the surrounding community and representing the United States Army.

"As Soldiers we are organized and equipped to do more than any other group. We have established leaders, hard workers, motivation, and an ingrained sense of servanthood," one noncommissioned officer put it. "When others see



Photo by Spc. Orion Strater

Left to right: Spc. Jedediah Berry, Sgt. Matt Davidson, Sgt. Nick Murja, Spc. Scott Oleath, Spc. Adam Olson, Sgt. John Wischmeier and Spc. Roy Dilworth (kneeling), of Bravo Company, 53rd Signal Battalion, participated in Habifest, a Habitat for Humanity 5K run that took place Sept. 20 in Howard County, Md.

us serving they see us, but also the U.S. Army. It gives them a sense of pride for our military. That makes me proud of what I do."

The next community event being organized is time with a local elementary school class. The details are not yet planned.

Combatives training for JTAGS Korea

By Sgt. Jeremy Latorre
Unit reporter

OSAN AIR BASE, Korea — Proficiency in hand-to-hand combat is a vital skill that all U.S. Army Soldiers should possess. Recently, members of Charlie Detachment, 1st Space Company, JTAGS-Korea, went through both Level I and Level II combatives courses.

Sgt. John Hardegree, Sgt. Charles Menard, Spc. Brian Fisher and Spc. Christopher Pond completed the Level II certification course that was offered through coordination with Master Sgt. Xavier Whitehead and Spc. Patricia Nicholas from Headquarters and Headquarters Battery, 35th Air Defense Artillery Brigade. The Detachment has an outstanding relationship with 35th ADA Brigade and the benefit is obvious, as 86 percent of its Soldiers are now Level I certified and 26 percent are Level II certified. While each course was intense and strenuous, the attendees felt the knowledge and confidence they gained would be invaluable to them during their Army careers.

Hardegree said Level II will help during

combat because "I would probably know more than the other person and be able to take control of the situation ... this, along with building the confidence that it takes to defeat an opponent." These are two very important points of the Army Combatives program; it tries to instill the fighting spirit in Soldiers and to train them so they have other options should they need them in actual combat situations.

Warrant Officer 1 Cleveland Butler, the Level III trainer, oversaw the Level I course in which Staff Sgt. Baron Godfrey, Sgt. Jesse Jacka, Sgt. Jason Whitley, Spc. Robert Swain, Spc. Jerome Williams, and Pfc. Albert Almas trained hard and earned their Level I certification. Throughout the week they learned different dominant body positions, defensive postures and submission moves. While difficult at times, the course gives valuable training to these Soldiers that they will use throughout their Army careers. According to Whitley, "It was difficult at times, but well worth it. It was a good break from the normal routine."

The Level I course concluded with a tournament to determine the class champion. In the first match, Godfrey

went wire to wire with Jacka before finally winning on points awarded for achieving various dominant body positions. In the second match, Williams defeated Almas by achieving the rear-mount position and applying a rear naked choke. In the championship match, Godfrey used his strength and newfound techniques to secure a win over Williams using a cross-collar choke.

Modern Army Combatives is an excellent way to build unit cohesion, while at the same time offering training on vital skills that every Soldier requires. Charlie Detachment will continue to incorporate combatives as part of its regular physical fitness program. This will ensure Soldiers stay proficient on what they've learned and will allow them to introduce new techniques as well.

35th ADA coordinators Whitehead and Nicholas gave outstanding support and offered their off-duty time every week to train Soldiers and Airmen at Osan Air Base in Modern Army Combatives. Their efforts have had a direct impact on the success of Charlie Detachment which hopes to continue this strong relationship for many years to come.



Photos by Capt. Johnny Honnaker

Members of Charlie Detachment, 1st Space Company undergo combatives training, a vital skill in which every Soldier should receive training.

Alpha Company's ultimate fighters compete in combatives tournament

Alpha Company, 53rd Signal Battalion

FORT DETRICK, Md. — The 4th Annual All-Army Combatives Tournament was held at Fort Benning, Ga., Oct. 3-5, and the first ever Fort Detrick combatives team was there to represent. All five members of the team came from Alpha Company, 53rd Signal Battalion, and competed in four different weight classes. Sgt. Buddy Blackham competed at 155 pounds, Staff Sgt. Gary Grooms and Spc. Jacob Hackenberg competed at 170 pounds, Spc. Nicholas Smith competed at 185 pounds and Sgt. 1st Class Jared Roy competed in the 205-pounds weight class.

The tournament was designed to reflect the three levels of the Army Combatives Program. It begins at Level 1 where grappling is legal but

strikes are not allowed. Points are awarded for takedowns and dominant body positions. If a competitor is able to string together enough wins, he moves into the Level 2 portion of the tournament where slaps to the face, body punches, and body and head kicks are all legal. In the final match that takes place between the top four ranked fighters after the first day of fights, punches to the head are allowed. The finals are televised and held in a full-size ring.

Of the five competitors, one was able to rise to the top. Roy dominated his first fight with a superb kimora to an arm bar transition. His second fight was more of a challenge. Both competitors grappled for the first five minutes with no victor. The match went into overtime where Roy was able to pull off a duck under and take his opponent down, scoring the

first point of the match and being declared the winner. His next fight went in the same manner, a tense Greco-Roman grappling match in which he was able to score the first point of the match with an arm drag takedown. With his third win, Roy secured a spot in the semi-finals.

After a two-hour intermission, it was back to the grind. Roy's first semi-final match found him facing a fighter about the same height as his own 6'3" frame. After a furious bout exchanging slaps, kicks and punches, his opponent was awarded the decision. After having his arm raised, the winning opponent limped off, collapsing and being tended to by his fellow team-mates and medical personnel while Roy nonchalantly walked off to find out about his next fight. In his last semi-final fight, he was able to pull of a submission from his back. After a grueling day, Roy was into the finals fighting in the consolation match for third place.

In the final day, after demonstrating outstanding physical fitness through five intense, hard-hitting fights, Roy was to face his last challenge. His competitor, a short, hulking Soldier, took the fight right to him by bull-rushing him, pinning him against the ropes and taking him down to the mat. After a grappling struggle, Roy



Photos by Sgt. 1st Class Garrison Mothershead

Sgt. 1st Class Jared Roy took third place in the light-heavyweight division at the 4th Annual All-Army Combatives Tournament at Fort Benning, Ga., Oct. 3-5.

was in a bad place taking blows to the back of his head. With the referee nearly stopping the fight due to a technical knock out, Roy got to his feet and was able to sink in a guillotine choke ending the fight and securing third place in the light-heavyweight division.

The five outstanding Soldiers from Alpha Company displayed amazing personal courage while representing their unit and Fort Detrick. Their motivation, dedication and incredible physical fitness has set the way ahead for the future by showing the Army what Signal Soldiers really have to offer.



The Fort Detrick Combatives team. (Left to Right) Spc. Jacob Hackenberg, Spc. Nicholas Smith, Sgt. 1st Class Jared Roy, Staff Sgt. Gary Grooms, Sgt. Buddy Blackham.

The best exercise for golfers is golfing

Commentary by Spc. Michael Clifton

CAMP ROBERTS, Calif. — Free time can be sparse when living the military life. How each person may choose to enjoy that time off shows a lot about them. It shows what that person values in life and themselves. Some choose to sleep or play video games as their outlet.

While I enjoy both on occasion, I prefer to be active and outdoors during "my" time. I prefer an activity that incorporates physical skill, mental concentration, social interaction and good old Mother Nature. I am a golfer.

Golf is such an old sport that its origins are unknown. Debate ranges from whether the roots are Roman or Chinese. The form of the game that is most common today comes from Scotland dating back before the 15th century.

Golf is a game as simple as this. You take a set of clubs and a ball. You use the clubs to hit the ball into a cup through a series of 18 holes while attempting to do it in the least amount of hits or "strokes." I'm sure most have played miniature golf or "putt putt" and get the basic idea.

While the game sounds easy, the coordination and strength needed to achieve the lowest scores possible are immense. Golf can be so precise that mere seconds in your timing and a single degree in your club angle can create an errant shot. Golf takes a few minutes to learn and years to master.

I've been playing golf since I was eight

and have progressed to a stage where I'm merely mediocre. That is one reason the sport is great. While tournaments and competition are common in the game, it is a sport where self improvement is easily measured.

Golf is a great way to interact with other people. In a game with a slower tempo like golf, conversation is inevitable. Take into account that over the full 18 holes you walk approximately 3.5 miles and play for a few hours, and there is a lot of talk time. The game is a great way to bond with other Soldiers from your unit. Not only do you share the high times of a great shot, but you also share the low times and gripes of errant shots.

Golfers get to enjoy Mother Nature. You get the smell of the grass, the feel of the breeze, fresh air unabated and plenty of sunshine. In a job where you work indoors for long shifts, the ability to enjoy the gifts that nature provides is priceless.

My home course is the lovely Hunter Ranch Golf Course, located in Paso Robles, Calif., and a short, easy drive from Camp Roberts. The course provides rolling hills, old oak trees, beautiful lakes and streams and is surrounded by wine vineyards on all sides. Not only is it a gorgeous course, but it is a gorgeous view as well.

Not too many sports and hobbies provide a scene as lovely as I experience every time I put on my golf shoes and grab a driver. The golf experience changes on every different course you play throughout the world.



Photo by Sgt. Nathan Crandell

Golf enthusiast Spc. Michael Clifton has a tip that can take five strokes off anyone's golf game.

Golf is a fantastic hobby to have. It provides the enthusiast with the opportunity to try new things, enjoy the scenery and challenge your body and mind. It may not be the easiest thing in the world, but the satisfaction received after even a bad day is immeasurable. Sure I may get frustrated when I have a bad shot, but the thrill of hitting a hole in one is literally a feeling of a lifetime. Just ask me, I know! So don't sleep your life away without friends, get out and get busy living. See you on the links!

Public affairs specialist keeps proving her mettle in martial arts

By Marco Morales
SMDC/ARSTRAT Public Affairs

People who have met Dottie White, the public affairs specialist, and who don't know much else about her also don't have a clue about her warrior side. Her quiet demeanor and glowing, fair-haired youthful appearance give the impression that she wouldn't hurt a living insect much less a human being. However, people who have competed with Dottie in martial arts, have a clear understanding of her fierce, warrior side.

Dottie is an 11-time world champion in women's black belt martial arts fighting. She is also the 2008 World Champion, ages 30 and above, in the women's black belt weapons category and the 2008 World Champion, ages 30 and above, in the women's black belt fighting category.

During four recent competitions which were conducted from early July to mid-October in Orlando, Fla., Atlanta, Ga., Washington, D.C., and Minneapolis, Minn., she won 1st place in the women's black belt weapons, forms, middleweight fighting, and as the age 30 and above overall grand champion.

"I believe training along with knowing Tae Kwon Do with a passion is the key to being the best during competitions," said Dottie. "I have spent many long hours in training facilities focusing on forms coupled with building up my physical stamina and endurance," she said, adding, "It's a regimen that doesn't lend itself to shortcuts."

When she isn't at work as a civil

servant in the U.S. Army Space and Missile Defense Command/Army Forces Strategic Command public affairs office or focusing on pursuing a bachelor's degree at Athens State University, she is training or teaching martial arts at the River City Karate Studio in Decatur, Ala.

The sensei at the studio, Chase Russell — a 3rd degree black belt and owner/instructor — assists Dottie in her preparation for each tournament.

"Chase is a great sensei. All of the students there learn from his structured and disciplined style," Dottie said. Dottie is a 4th degree black belt. "I still 'learn' from Chase during sparring sessions to best prepare me for competitions."

But one would wonder how much more Dottie can actually "learn" after achieving so much and winning so many martial arts tournaments.

Initially influenced by her brother-in-law to try the martial arts experience when she was 20, Dottie's preparation for competing in tournaments reflects personal dedication and discipline. "When I first started I thought maybe I was too old and clumsy," she said. "My self-confidence was so low that I avoided eye contact with people."

Then she was introduced to Wilburn King, owner and instructor of King's Southern Karate Studio, which used to be located in Decatur, Ala., and no longer exists. The late Mr. King taught Dottie to be the best in martial arts. "Through martial arts training I have overcome my shyness and have also gained a great deal of strength and self confidence, thanks to



Photo by Darrell Griffith

Dottie White strikes a pose using a Tae Kwon Do stance during one of her recent work outs with Team Kirage (pronounced courage) who sponsors some of her travel throughout the competition season.

Mr. King," Dottie said. Her training warm-up session includes doing some 200 side-straddle hops, 75 push-ups, numerous rigorous abdomen crunches and a series of stretching exercises.

"Tae Kwon Do is a passion I take seriously," she said. "It is like a shining light inside of me that never flickers or dies."

Anderson scores pair of aces during single round of golf

By Dottie White, Editor, *The Eagle*

Barry Anderson of the SMDC/ARSTRAT G3 stands at the 13th tee box at Point Mallard Golf Course in Decatur, Ala., where he scored one of two holes-in-one Oct. 13 during a single round of golf.

The first one came on the 152-yard 11th hole when Anderson sank his tee shot using a 7-iron. The next one came two holes later on the 192-yard number 13 tee where he made an ace using a 4-iron.

He finished the round with a 77. He said he will have a commemorative plaque and display case made for the scorecard and the Titleist NXT Tour golf ball, which he used the entire round that day.

Anderson was golfing with three friends — Preston Lucas, Jim Commisky and Keith Walsh — who witnessed the holes-in-one. Anderson said his playing partners were as excited as he was.

In keeping with the tradition of buying your playing partners a round of drinks for witnessing the holes-in one, Anderson treated his friends to chicken wings and drinks at a local restaurant.

Anderson received two certificates from Point Mallard for making the holes-in-one. Also, his name was added to a plaque with a list of others who have aced holes at the course.

Since the aces, Anderson said his confidence is higher, and he has been playing pretty good.

Golf Digest magazine hired Francis Scheid, Ph.D, the retired chairman of the math department at Boston University, to compile the odds of making a hole-in-one. Some of Scheid's results were:

- Professional tour player making an ace: 3,000 to 1.
- Low-handicapper making an ace: 5,000 to 1.
- Average player making an ace: 12,000 to 1.
- Average player acing a 200-yard hole: 150,000 to 1.
- Two players in the same foursome acing the same hole: 17 million to 1.
- One player making two holes-in-one in the same round: 67 million to 1.
- One player making three aces in a single round: 2 trillion to 1.



Photo courtesy of Barry Anderson

SMDC/ARSTRAT employees support Special Olympics

By Dottie White
Editor, The Eagle

HUNTSVILLE, Ala. — A group of employees from the U.S. Army Space and Missile Defense Command/Army Forces Strategic Command volunteered to assist with the 41st Special Olympics at Milton Frank Stadium here Oct. 14.

More than 350 special-needs athletes of Madison County competed in events such as a 50-meter run, a long jump, a softball throw, and other track and field events.

“These kids and adults are bubbling over with joy just to have an opportunity to do their best, no matter what the outcome,” said Phil Patterson, a volunteer from the Future Warfare Center, SMDC/ARSTRAT. “They love life, and their joy is contagious.”

Each competitor was teamed with at least one volunteer escort to make sure the athlete made it to his or her scheduled event on time. The escorts also cheered for their athletes and gave hugs or high-fives upon completion of events.

At the end of each event, the athletes were all recognized by taking their place on the winners’ platform and receiving a ribbon for their accomplishments.

“Special Olympics is a wonderful opportunity to give your time and share a lot of fun and excitement with special athletes from the surrounding community,” said one of the escorts, Michelle Smartt of the Future Warfare Center, SMDC/ARSTRAT. “Every year I volunteer to help with this event, my heart is touched by the determination and joy all these athletes possess. I enjoy being able to cheer for the athletes and share this memorable time with them. I am honored to give my time, and I look forward to helping out next year.”

“Helping others, especially those with special needs, is very rewarding,” said Patterson. “Special Olympics is an eye-opening, incredibly enjoyable, yet humbling experience which can only be truly appreciated by attending and being actively involved; everyone should do it at least once. I enjoy supporting Special Olympics every year.”



Michelle Smartt, a volunteer from the Future Warfare Center, SMDC/ARSTRAT, shares a high-five with her athlete, Carrie Gore, 13, from Sparkman Middle School, after the softball throw at Special Olympics Oct. 14 in Huntsville, Ala.



Harriet Clark, a volunteer from the Future Warfare Center, SMDC/ARSTRAT, pauses for a photo after hugging and congratulating her athletes, (left to right) Carolyn Snoddy and Iamon Washington, at the finish line of the 50-meter run. Both girls are ninth graders at Grissom High School.



Lt. Col. John Grimes, a volunteer from the SMDC/ARSTRAT Technical Center, leads Jessie LeBlane, 29, in some stretches before he competes in the 200-meter run and softball throw.



Jessie LeBlane leads the way in the 200-meter run.



Kathy Campbell (left), wife of Lt. Gen. Kevin T. Campbell, commanding general, SMDC/ARSTRAT, writes the winners’ names on the ribbons as Nguyet Borja, wife of SMDC/ARSTRAT Command Sgt. Maj. Ralph C. Borja, totals the scores of the girls softball throw. All competitors received ribbons for their accomplishments in each event throughout the day.